

PATIENT HISTORY QUESTIONNAIRE

Suggesting MTHFR or Other Methylation Pathway SNPs

PATIENT INFORMATION

Patient name

Date

- ☐ Personal history of psychiatric pathology?
- ☐ Poor response to drug antidepressants?
- ☐ Addiction or alcohol abuse in the family?
- ☐ Mental illness in the family?
- ☐ Migraine with aura in the family?
- ☐ Hispanic ethnicity?
- ☐ Miscarriages, infertility, poor pregnancy outcomes, ASD, ADHD, or neurodevelopmental issues in the family?
- ☐ Type 2 diabetes, insulin resistance, or high BMI in the family?
- ☐ Known MTHFR SNP in the family?
- ☐ Elevated homocysteine 10 mcmol/L or above?

Three or more positive responses indicate a >90% chance of MTHFR and/or other methylation-related genetic variants.



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